



Swimming Pool Timetable - W/C 31st October 2016 >>>

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00									
MON	Adults Only						Aqua Fit	Junior Lessons	Public Swim	Adult Lessons	Junior Lessons	Public Swim	School Swim		Junior Lessons	Public Swim	Aqua Zumba	Lane Swim **																								
TUES	Cleaning/Staff Training							Public Swim	Aqua Zumba	Parent & Babe Session Ladies Lane	Public Swim	Junior Lessons	Public Swim		Junior Lessons	Public Swim	Aqua Fit	Adults Only																								
WED	Adults Only								Aqua Babe Sessions	Public Swim	Junior Lessons	Over 60's Swim	School Swim	Public Swim		Junior Lessons	Public Swim	Adult Lessons	Lane Swim **																							
THURS	Adults Only								Aqua Babe Sessions	Public Swim	School Swim	Public Swim	School Swim	Disabled Swim	School Swim		Junior Lessons	Junior Lifeguard	Public Swim	Adults Only																						
FRI	Adults Only							Aqua Fit Starts 8.50am	Aqua Fit Starts 9.40am	Aqua Babe Sessions	Junior Lessons	Public Swim	School Swim	Public Swim		Junior Lessons	Public Swim	Aqua Fit	Adults Only																							
SAT		Adults Only until 7.55am	Junior Lessons										Public/Family Swim										Party Hire •	Public Swim																		
SUN		Adults Only	Public/Family Swim										Party Hire •										Public Swim	Adults Only																		

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Admission Policy >>>

All children under the age of 8 years to be accompanied by a responsible person, aged at least 16 years. They must accompany all children under the age of eight into the swimming pool. Whilst in the pool, the responsible person should maintain a constant watch over the children for whom they are responsible for and be in close contact with those of their children who are weak or non swimmers.

Non-swimming children who cannot stand up in the pool must wear armbands.
In such a circumstance the following rules apply:
One adult can accompany three children aged 4 - 7 years. or
One adult with two children under the age of eight, where one or both may be under the age of four.

Children under the age of seven are allowed to go into the opposite sex changing rooms with their parents.
• Public swim available if no bookings taken. Contact reception on the day for confirmation of availability.
•• 11year olds and above only permitted during Lane Swim sessions.

Swimming Fees >>>

Bronze Members		Non Members	
Adult Swim	£3.40	Adult Swim	£4.90
Over 50's Swim	£2.95	Over 50's Swim	£4.45
Junior Swim	£2.65	Junior Swim	£3.40
Family Swim	£9.00	Family Swim	£13.00

