



Swimming Pool Timetable - W/C 16th January 2017 onwards >>>

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00	
MON	Adults Only						Aqua Fit	Junior Lessons	Public Swim	Adult Lessons	Junior Lessons	Public Swim	School Swim		Junior Lessons	Public Swim	Aqua Zumba	Lane Swim ••																
TUES	Cleaning/Staff Training							Public Swim	Aqua Zumba	Parent & Babe Session Ladies Lane	Public Swim	Junior Lessons	Public Swim		Junior Lessons	Public Swim										Junior Lessons	Public Swim	Aqua Fit	Adults Only					
WED	Adults Only						Aqua Babe Sessions	Public Swim	Junior Lessons	Over 60's Swim	Public Swim				Junior Lessons	Public Swim										Junior Lessons	Public Swim	Adult Lessons	Lane Swim ••					
THURS	Adults Only						Aqua Babe Sessions	Public Swim	School Swim	Public Swim	Disabled Swim	Public Swim			Junior Lessons	Junior Lifeguard	Public Swim	Adults Only																
FRI	Adults Only						Aqua Fit Starts 8.50am	Aqua Fit Starts 9.40am	Aqua Babe Sessions	Junior Lessons	Public Swim	Public Swim			Junior Lessons	Public Swim										Junior Lessons	Public Swim	Aqua Fit	Adults Only					
SAT	Adults Only until 7.55am	Junior Lessons						Public/Family Swim						Party Hire •	Public Swim																			
SUN	Adults Only						Public/Family Swim						Party Hire •	Public Swim	Adults Only																			

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Admission Policy >>>

All children under the age of 8 years to be accompanied by a responsible person, aged at least 16 years. They must accompany all children under the age of eight into the swimming pool. Whilst in the pool, the responsible person should maintain a constant watch over the children for whom they are responsible for and be in close contact with those of their children who are weak or non swimmers.

Non-swimming children who cannot stand up in the pool must wear armbands.
In such a circumstance the following rules apply:
One adult can accompany three children aged 4 - 7 years. or
One adult with two children under the age of eight, where one or both may be under the age of four.

Children under the age of seven are allowed to go into the opposite sex changing rooms with their parents.
• Public swim available if no bookings taken. Contact reception on the day for confirmation of availability.
•• 11year olds and above only permitted during Lane Swim sessions.

Swimming Fees >>>

Bronze Members		Non Members	
Adult Swim	£3.40	Adult Swim	£4.90
Over 50's Swim	£2.95	Over 50's Swim	£4.45
Junior Swim	£2.65	Junior Swim	£3.40
Family Swim	£9.00	Family Swim	£13.00

