



Swimming Pool Timetable - W/C 20th March 2017 onwards >>>

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
MON	Adults Only			Aqua Fit	Junior Lessons		Public Swim	Adult Lessons	Junior Lessons		Public Swim	School Swim				Junior Lessons		Public Swim		Aqua Zumba	Lane Swim ••												
TUES	Cleaning/Staff Training						Public Swim	Aqua Zumba	Parent & Babe Session Ladies Lane	Junior Lessons		Public Swim		Public Swim		Junior Lessons			Public Swim		Aqua Fit	Adults Only											
WED	Adults Only				Aqua Babe Sessions		Public Swim	Junior Lessons		Public Swim	Over 60's Swim	Public Swim		Junior Lessons			Public Swim		Adult Lessons	Lane Swim ••													
THURS	Adults Only				Aqua Babe Sessions		Public Swim		Public Swim		Disabled Swim	Public Swim		Junior Lessons			Junior Lifeguard	Public Swim		Adults Only													
FRI	Adults Only				Aqua Fit Starts 8.50am	Aqua Fit Starts 9.40am	Junior Lessons		Public Swim		Aqua Babe Sessions		Junior Lessons			Synchro Class	Public Swim		Aqua Fit	Adults Only													
SAT	Adults Only until 7.55am		Junior Lessons				Public/Family Swim						Party Hire •		Public Swim																		
SUN	Adults Only		Public/Family Swim						Party Hire •		Public Swim		Adults Only																				

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Admission Policy >>>

All children under the age of 8 years to be accompanied by a responsible person, aged at least 16 years. They must accompany all children under the age of eight into the swimming pool. Whilst in the pool, the responsible person should maintain a constant watch over the children for whom they are responsible for and be in close contact with those of their children who are weak or non swimmers.

Non-swimming children who cannot stand up in the pool must wear armbands.
In such a circumstance the following rules apply:
One adult can accompany three children aged 4 - 7 years. or
One adult with two children under the age of eight, where one or both may be under the age of four.

Children under the age of seven are allowed to go into the opposite sex changing rooms with their parents.
• Public swim available if no bookings taken. Contact reception on the day for confirmation of availability.
•• 11year olds and above only permitted during Lane Swim sessions.

Swimming Fees >>>

Bronze Members		Non Members	
Adult Swim	£3.40	Adult Swim	£4.90
Over 50's Swim	£2.95	Over 50's Swim	£4.45
Junior Swim	£2.65	Junior Swim	£3.40
Family Swim	£9.00	Family Swim	£13.00

