



## Swimming Pool Timetable - W/C 14<sup>th</sup> August 2017 >>>

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
MON	Adults Only			Aqua Fit		Junior Lessons			Public/Family Swim												Public Swim		Aqua Zumba		Lane Swim ••								
TUES	Cleaning/Staff Training						Public Swim		Aqua Zumba		Public/Family Swim												Public Swim		Aqua Fit		Adults Only						
WED	Adults Only						Aqua Babe Sessions			Junior Lessons			Public/Family Swim			Over 60's Swim		Public/Family Swim					Public Swim		Lane Swim ••								
THURS	Adults Only						Aqua Babe Sessions			Public/Family Swim			Disabled Swim		Public/Family Swim					Public Swim		Adults Only											
FRI	Adults Only						Aqua Fit Starts 8.50am		Aqua Fit Starts 9.40am		Private Booking		Aqua Babe Sessions		Public/Family Swim												Public Swim		Aqua Fit		Adults Only		
SAT	Adults Only		Public/Family Swim												Party Hire •		Public Swim																
SUN	Adults Only		Public/Family Swim												Party Hire •		Public Swim		Adults Only														

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

### Swimming Pool Admission Policy >>>

All children under the age of 8 years to be accompanied by a responsible person, aged at least 16 years. They must accompany all children under the age of eight into the swimming pool. Whilst in the pool, the responsible person should maintain a constant watch over the children for whom they are responsible for and be in close contact with those of their children who are weak or non swimmers.

Non-swimming children who cannot stand up in the pool must wear armbands.

In such a circumstance the following rules apply:  
 One adult can accompany three children aged 4 - 7 years. or  
 One adult with two children under the age of eight, where one or both may be under the age of four.

Children under the age of seven are allowed to go into the opposite sex changing rooms with their parents.

- Public swim available if no bookings taken. Contact reception on the day for confirmation of availability.
- 11year olds and above only permitted during Lane Swim sessions.

### Swimming Fees >>>

#### Bronze Members

Adult Swim	£3.40
Over 50's Swim	£2.95
Junior Swim	£2.65
Family Swim	£9.00

#### Non Members

Adult Swim	£4.90
Over 50's Swim	£4.45
Junior Swim	£3.40
Family Swim	£13.00

