

Minecraft Day

**Nerf Quest Day** 

**Dance Fusion Day** 

**Soccer Stars Day** 

Sing & Beats Day

Acro-Dance Day

£14.00 Members

**Sporting Starlets Day** 

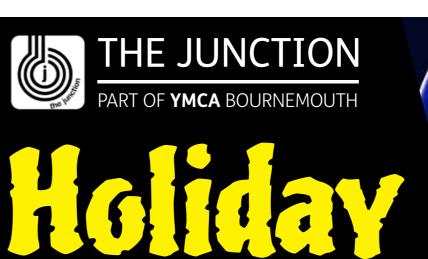
£16.00 Non Members

Trolls Day

**Dynamic Divas Day** 

**American Sports Day** 

**FOR ALL** 5 - 12 **YEARS NO MOBILE PHONES** OR TABLETS ALLOWED **DURING HOLIDAY ACTIVITY DAYS** 



£10.00

Per Day

ACIMINES

From

**GREAT FUN** 

ROOK

Acro-Dance

- Trolls
- Ultimate Sports
- Dance Fusion
- Nerf Quest
- Soccer Stars
- Dynamic Divas
- Sporting Starlets
- Dodgeball
- American Sports
- MINEcraft
- Sing & Beats



Propertied by YMCA **BOURNEMOUTH** 

Once booked, no refunds/credit notes will be issued for non-attendance. Transferring days once booked is not permitted.

BOOK EARLY ... LIMITED SPACES

The Junction Sports & Leisure Centre | Station Approach | Broadstone | BH18 8AX Call 01202 777766 or visit **f** vor www.thejunctionbroadstone.co.uk

## SOCCER STARS DAYS

Take part in a whole host of coaching drills designed to improve your all round ability in the worlds greatest game. Put these skills to the test in an afternoon of world cup matchplay.

#### To include:

- PrizesShooting target drillPower shot with speed gun
- Penalty shoot outYellow and red cards for matchplay



# **DANCE FUSION DAY**

A full day of dance incorporating the world's varying styles and techniques, all delivered with the latest music sounds ... plus a mini performance at the end of the day to showcase the skills learnt for mum/dad to be amazed ...

Includes POM POM CHEERLEADING ...

A FUN DAY FOR BOYS AND GIRLS



# MINECRAFT DAY

Minecraft has built its way to The Junction, this fun packed day will include exploration, gathering resources, crafting and combat.

You will need to be at your best in survival mode and maintain your health and hunger. Our large 8ft screen is where minecraft really comes to life ...



# SPORTING STARLETS DAY

Love sports? Love to try new things?

This is the day for you !!!!!

A fun packed day of activities for girls, including netball, hockey, rhythmic gymnastics, poi spinning, aerobics session, parachute games, plus much more....

C'MON GIPLS YOU CAN DO IT ALL!!!



# ULTIMATE SPORTS DAYS

An ultimate sports extravaganza for boys and girls in this fun packed action day, covering a wide range of sports to include:

- Athletics Tennis
- Badminton Indoor Curling
- Hockey Football

olus much much more

If you love sport this day is for you.



## ACRO DANCE DAY

A fusion of dance and gymnastics moves taught by a professional dancer. Improve confidence, flexibility and fitness and learn

tricks and movements.

- To Include: Hula Hooping
  - Pyramids
  - Ribbons & Scarfs Tumbles

Mini performance at the end of the day to showcase the skills you have learnt for your parents to be amazed.



### TROLLS DAYS

#### No Trolls left Behind !!!

Come and meet Princess POPPY for a fun filled session of TROLLS themed Activities. from arts and crafts to singing/dancing and fun games to the Trolls soundtrack. Enjoy a magical day to remember, make nev friends, watch the film on the big screen, take home all of your hand-made artwork and creations and be inspired by all things



## SING & BEATS DAYS

#### GIRLS JUST WANNA HAVE FUN!

Come on girls, join in with the latest Singing and Dancing. Battle it out on X-Box Kinect and show off your skills with Dance Central and Just Dance competitions.

Prizes up for grabs for your team. LIP SYNC BATTLE is next followed by the X **FACTOR CHALLENGE-will your** audition get a yes from SIMON?!



# NERF QUEST DAY

Action and fun from every direction. A new and exciting day of NERF QUEST has shot to The Junction. This action packed day will include target shooting, team and individual quests. Plus games including team elimination, capture the flag, Predator vs Prey and much more.

- Have you got what it takes to be the sharp shooter of the day!!!
- We supply bullets, guns and protective eye wear ... just bring a steady hand.



# DYNAMIC DIVA DAYS

This is a superb day for the girls to get together and let their creativity flow.

#### Activities can include:

- Cool Crafty Creations
- Parachute Games Sporting Events
- FUN Fitness Sessions
- 'Make Your Own' (Bracelets etc..)
- Painting
- PLUS much more ...

A FUN PACKED DAY FOR ALL ... (except boys!!!)



# AMERICAN SPORTS DAYS

Yee haw it's American day, learn to play Americas top sports to include:

- American Football
- Baseball Soccer
- Basketball Hockey
- Lacrosse

Sorry guys no wrestling this time. Plus enjoy an American themed lunch with, yes you have guessed it, American fries and burgers washed down with a milkshake.

A fun day for both boys and girls to try these sports in a fun and friendly atmosphere.



# MOVIE & MEAL (4pm - 5.30pm)

After your FUN packed day why not join us watching the latest children's DVDs on the large screen in the bar lounge.

- Fully supervised
- Includes a hot meal

Ideal for working parents ...

**ONLY £3.50** 



## DODGEBALL MANIA DAY

Dodge, duck and dive, this day will give you the chance to release your energy and show off your Dodgeball skills!!!

You'll need to save your King/Queen, come up with tactics to capture the flag and work together in big teams to be the 'Ultimate Dodgeball Champions'.

Plus much more ...





- All activities start from 8.30am 9.15am (registration) to 4.00pm (collection)
- Packed lunch/mid morning snack/waterbased drinks (waterbottle/cap top) required
- Suitable sports clothing to be worn
- Waterproof jacket/clothing required for Ultimate Sports/Soccer Stars/ American Sports Days



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TORALL 5-12 YEAR OLDS SEE OVER FOR ACTIVITY DIARY