OCTOBER 2018 DIARY	Soccer Stars	Ultimate Sports	Nerf Quest	Dodgeball	Minecraft	Greatest Showman	American Sports	Adventure Club	Dance Fusion	Dynamic Divas	Trolls	Acro Dance
Monday 22 <sup>nd</sup> October								1		<b>)</b> ,	Ţ	
Tuesday 23 <sup>rd</sup> October			K									
Wednesday 24 <sup>th</sup> October							1					
Thursday 25 <sup>th</sup> October												
Friday 26 <sup>th</sup> October												

### DAILY FEES

**Dodgeball MANIA Day** Ultimate Sports Day £10.00 Members £12.00 Non Members

Minecraft Day Nerf Quest Day Dance Fusion Day American Sports Day Soccer Stars Day Dynamic Divas Day Trolls Day £14.00 Members £16.00 Non Members

Acro Dance Day Adventure Club Day £16.00 Members £18.00 Non Members

**Greatest Showman Day** £18.00 Members £20.00 Non Members









Activities

FOR ALL 5 - 12 YEARS

From GREAT £10.00 FUN Per Day

- Greatest Showman
- Trolls
- Ultimate Sports
- Dance Fusion
- Nerf Quest
- Soccer Stars
- Dynamic Divas
- Acro-Dance
- Dodgeball
- American Sport
- MINEcraft
- Adventure Club

Supported by YMCA BOURNEMOUTH

The Junction Sports & Leisure Centre | Station Approach | Broadstone | BH18 8AX Call 01202 777766 or visit f 🗹 or www.thejunctionbroadstone.co.uk

# YMCA October 2018 BOOK TODAY

**BOOKING CONDITION** Once booked, no refunds/credit notes will be issued for non-attendance. Transferring days once booked is not permitted



#### SOCCER STARS DAY

Take part in a whole host of coaching drills designed to improve your all round ability in the worlds greatest game. Put these skills to the test in an afternoon of world cup matchplay.

#### To include:

- Prizes
- > Shooting target drill
- > Power shot with speed gun
- Penalty shoot out
- > Yellow and red cards for matchplay

#### **ULTIMATE SPORTS DAY**

An ultimate sports extravaganza for boys and girls in this fun packed action day, covering a wide range of sports to include:

- > Athletics > Tennis
- Badminton > Indoor Curling
- > Football Hockev

plus much much more

f you love sport this day is for you.

#### **VERF QUEST DAY**

Action and fun from every direction. A new and exciting day of NERF QUEST has shot to The Junction. This action packed day will include target shooting, team and individual quests. Plus games including team elimination, capture the flag, Predator vs Prey and much more.

- Have you got what it takes to be the sharp shooter of the day!!!
- > We supply bullets, guns and protective eye wear ... just bring a steady hand.

#### Dodgeball Mania Day

odge, duck and dive, this day will give you he chance to release your energy and show off your Dodgeball skills!!!

'ou'll need to save your King/Queen, come up with tactics to capture the flag and work together in big teams to be the 'Ultimate Dodgeball Champions'.

Plus much more ..

#### DANCE FUSION DAY

A full day of dance incorporating the world's varying styles and techniques, all delivered with the latest music sounds ... plus a mini performance at the end of the day to showcase the skills learnt for mum/dad to be amazed ...

**GREATEST SHOWMAN DAY** 

A fun packed day of The Greatest Showman themed Arts & Crafts in the morning whilst

Includes POM POM CHEERLEADING ...

#### ECRAFT DAY

Minecraft has built its way to The Junction, this fun packed day will include exploration, gathering resources, crafting and combat.

You will need to be at your best in survival mode and maintain your health and hunger. Our large 8ft screen is where minecraft really comes to life ...

#### **ADVENTURE CLU3 DAY**

Calling all YOUNG EXPLORERS, a new day for holiday clubs, with specialised coaches joining our coaching team you will be able to enjoy a day of outdoor activities including:

- > Climbing Wall
- > Camp Building
- > Archery
- > Team Building Games
- TRY SOMETHING NEW TODAY

#### ERICAN SPORTS DAY

Yee haw it's American day, learn to play Americas top sports to include:

- > American Football
  - > Baseball
- > Soccer
  - > Lacrosse

Sorry guys no wrestling this time. Plus enjoy an American themed lunch with, yes you have guessed it, American fries and burgers washed down with a milkshake.

A fun day for both boys and girls to try these sports in a fun and friendly atmosphere.

#### **TROLLS DAYS**

#### No Trolls left Behind !!!

Come and meet Princess POPPY for a fun filled session of TROLLS themed Activities, from arts and crafts to singing/dancing and fun games to the Trolls soundtrack.

Enjoy a magical day to remember, make new friends, watch the film on the big screen, take home all of your hand-made artwork and creations and be inspired by all things





# 5+ yrs





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Proud Sponsor of The Junction's



Sarah-Jane Endersby 1<sup>st</sup> Degree Black Belt 🖀 07957 431878 🖓 www.integritymartialarts.co.uk

- Sporting Events FUN Fitness Sessions Painting
- (except boys!!!)

#### ACRO DANCE DAY

A fusion of dance and gymnastics moves aught by a professional dancer. Improve some acrobatic tricks and movements.

- > Pyramids

Mini performance at the end of the day to arents to be amazed.

Feathers and much more ...

#### listening to the soundtrack. In the afternoon Circus skills experts will be guiding you in the art of Juggling Balls, Juggling Clubs, Spinning Plates, Poi, Diabolos, Flower / Devil Sticks, Hula Hoops, Juggling Hats, Balancing

THE CIRCUS IS IN TOWN!!!

#### DYNAMIC DIVA DAY

This is a superb day for the girls to get together and let their creativity flow.

- Activities can include:
- Cool Crafty Creations Parachute Games

confidence, flexibility and fitness and learn To Include: > Hula Hooping

- > Ribbons & Scarfs
- > Tumbles

showcase the skills you have learnt for your

- 'Make Your Own' (Bracelets etc..)
- > PLUS much more ...

A FUN PACKED DAY FOR ALL ...

# 6+ yrs

?"

5+ yrs

Basketball > Hockey



5+ yrs

5+ yrs



## SEE OVER FOR ACTIVITY DIARY

BOOK

TODAY

#### MOVIE & MEAL (4pm - 5.30pm)

After your FUN packed day why not join us watching the latest children's DVDs on the large screen in the bar lounge.

> Fully supervised

> Includes a hot meal

Ideal for working parents ...

#### **ONLY £3.50**

#### OTHER INFO

- All activities start from 8.30am 9.15am
- (registration) to 4.00pm (collection)
- > Packed lunch/mid morning snack/waterbased
- drinks {waterbottle/cap top) required
- Suitable sports clothing to be worn
- Waterproof jacket/clothing required for
- Ultimate Sports/Adventure Club/Soccer Stars/
- American Sports Days

#### Skills For Life Membership ONLY £20.00 per year 0 - 15 Years







TAKE