



Swimming Pool Timetable - W/C 17th December 2018 >>>

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
MON 17.12.18	Adults Only				Aqua Fit	Junior Lessons			Public Swim	Adult Lessons	Public Swim	NPLQ Course			Junior Lessons			Public Swim			Aqua Fit	Lane Swim **											
TUES 18.12.18	NPLQ Course				Aqua Fit	Public Swim	Junior Lessons			Public Swim			NPLQ Course			Junior Lessons			Public Swim			Aqua Fit	Adults Only										
WED 19.12.18	Adults Only				Public Swim			Public Swim	Over 60's Swim	NPLQ Course			Junior Lessons			Public Swim			Lane Swim **														
THURS 20.12.18	Adults Only				Public Swim	NPLQ Course			Maintenance			Disabled Swim	NPLQ Course	Junior Lessons			Junior Lifeguard	Adult Lessons	Public Swim	Adults Only													
FRI 21.12.18	Adults Only				Aqua Fit Starts 8.50am	Aqua Fit Starts 9.40am	Junior Lessons			Public Swim			NPLQ Course			Junior Lessons			Public Swim			Aqua Fit	Adults Only										
SAT 22.12.18	Adults Only until 7.55am		Junior Lessons			Public/Family Swim												Party Hire •															
SUN 23.12.18	Adults Only		Public/Family Swim												Party Hire •			Public Swim			Adults Only												

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Admission Policy >>>

All children under the age of 8 years to be accompanied by a responsible person, aged at least 16 years. They must accompany all children under the age of eight into the swimming pool. Whilst in the pool, the responsible person should maintain a constant watch over the children for whom they are responsible for and be in close contact with those of their children who are weak or non swimmers.

Non-swimming children who cannot stand up in the pool must wear armbands.
In such a circumstance the following rules apply:
One adult can accompany three children aged 4 - 7 years. or
One adult with two children under the age of eight, where one or both may be under the age of four.

Children under the age of seven are allowed to go into the opposite sex changing rooms with their parents.
• Public swim available if no bookings taken. Contact reception on the day for confirmation of availability.
•• 11year olds and above only permitted during Lane Swim sessions.

Swimming Fees >>>

Bronze Members		Non Members	
Adult Swim	£3.40	Adult Swim	£4.90
Over 50's Swim	£2.95	Over 50's Swim	£4.45
Junior Swim	£2.65	Junior Swim	£3.40
Family Swim	£9.00	Family Swim	£13.00

