



THE JUNCTION  
PART OF YMCA BOURNEMOUTH



# CUSTOMER NOTICE

## EASTER 2019 | FITNESS CLASSES

### Good Friday - 19 April 2019

Circuits	9.30am - 10.30am	George Kelly
PIYO	10.30am - 11.15am	Clare Nicholas
Body Pump Express	5.30pm - 6.15pm	Rikki Walden
Circuits	6.10pm - 6.55pm	George Kelly

### Saturday - 20 April 2019

Body Pump	8.55am - 9.55am	Rikki Walden
Indoor Cycling	10.00am - 10.40am	Rikki Walden

### Bank Holiday Monday - 22 April 2019

Circuits	9.30am - 10.30am	Tim Offer
Body Pump Express	5.30pm - 6.15pm	Rikki Walden
Abs & Core	6.20pm - 6.50pm	Rikki Walden
Yoga	7.00pm - 8.00pm	Gaia Madden
Circuits	7.00pm - 8.00pm	Rikki Walden

Nick Gillespie (Operations Manager)