



Swimming Pool Timetable - W/C 9th September 2019 >>>

| | 06.00 | 06.30 | 07.00 | 07.30 | 08.00 | 08.30 | 09.00 | 09.30 | 10.00 | 10.30 | 11.00 | 11.30 | 12.00 | 12.30 | 13.00 | 13.30 | 14.00 | 14.30 | 15.00 | 15.30 | 16.00 | 16.30 | 17.00 | 17.30 | 18.00 | 18.30 | 19.00 | 19.30 | 20.00 | 20.30 | 21.00 | 21.30 | 22.00 |
|-------|--------------------------|-------|--------------------|-------|------------------------|----------|------------------------|-------------|----------------|-------|--------------------|----------------|--------------|-------|----------------|----------------|------------------|-------------|---------------|-------------|---------------|-------------|-------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| MON | Adults Only | | | | Aqua Blast | Aqua Fit | Junior Lessons | | Public Swim | | Adult Lessons | Public Swim | | | | Junior Lessons | | Public Swim | | Aqua Fit | Lane Swim •• | | | | | | | | | | | | |
| TUES | Cleaning/Staff Training | | | | Public Swim | | Aqua Fit | Public Swim | Junior Lessons | | Public Swim | | | | Junior Lessons | | Public Swim | | Aqua Fit | Adults Only | | | | | | | | | | | | | |
| WED | Adults Only | | | | Public Swim | | Aqua Babe Sessions | | Junior Lessons | | Public Swim | Over 60's Swim | Public Swim | | Junior Lessons | | Public Swim | | Lane Swim •• | | | | | | | | | | | | | | |
| THURS | Adults Only | | | | Aqua Babe Sessions | | School Swim | | Public Swim | | Disabled Swim | | Public Swim | | Junior Lessons | | Junior Lifeguard | | Adult Lessons | | Aqua Circuits | | Adults Only | | | | | | | | | | |
| FRI | Adults Only | | | | Aqua Fit Starts 8.50am | | Aqua Fit Starts 9.40am | | Junior Lessons | | Aqua Babe Sessions | | Public Swim | | | | Junior Lessons | | Public Swim | | Aqua Fit | Adults Only | | | | | | | | | | | |
| SAT | Adults Only until 7.55am | | Junior Lessons | | | | Public/Family Swim | | | | | | | | | | Party Hire • | | | | | | | | | | | | | | | | |
| SUN | Adults Only | | Public/Family Swim | | | | | | | | | | Party Hire • | | Public Swim | | Adults Only | | | | | | | | | | | | | | | | |

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Admission Policy >>>

All children under the age of 8 years to be accompanied by a responsible person, aged at least 16 years. They must accompany all children under the age of eight into the swimming pool. Whilst in the pool, the responsible person should maintain a constant watch over the children for whom they are responsible for and be in close contact with those of their children who are weak or non swimmers.

Non-swimming children who cannot stand up in the pool must wear armbands.
In such a circumstance the following rules apply:
One adult can accompany three children aged 4 - 7 years. or
One adult with two children under the age of eight, where one or both may be under the age of four.

Children under the age of seven are allowed to go into the opposite sex changing rooms with their parents.
• Public swim available if no bookings taken. Contact reception on the day for confirmation of availability.
•• 11year olds and above only permitted during Lane Swim sessions.

Swimming Fees >>>

| Bronze Members | | Non Members | |
|----------------|-------|----------------|--------|
| Adult Swim | £3.60 | Adult Swim | £5.10 |
| Over 50's Swim | £3.10 | Over 50's Swim | £4.60 |
| Junior Swim | £2.80 | Junior Swim | £3.55 |
| Family Swim | £9.70 | Family Swim | £13.45 |

