

OCT 2019 DIARY

	Nerf Quest	Dodgeball	Minecraft	American Sports	Trampoline	Dance Fusion	Dynamic Divas	Ultimate Sports	Soccer	Adventure Club	Acro Dance
--	------------	-----------	-----------	-----------------	------------	--------------	---------------	-----------------	--------	----------------	------------

Monday 28 th October		☺				☺		☺			
Tuesday 29 th October	☺		☺		☺					☺	
Wednesday 30 th October						☺	☺	☺	☺		
Thursday 31 st October	☺				☺		☺			☺	
Friday 1 st November		☺		☺							☺

DAILY FEES

Ultimate Sports Day
Dodgeball Mania Day
£10.00 Members
£12.00 Non Members

Minecraft Day
Nerf Quest Day
Soccer Day
Dance Fusion Day
Dynamic Divas Day
American Sports Day
£14.00 Members
£16.00 Non Members

Acro Dance Day
Adventure Club Day
£16.00 Members
£18.00 Non Members

Trampoline Day
£18.00 Members
£20.00 Non Members

BOOKING CONDITIONS:

Once booked, no refunds/credit notes will be issued for non-attendance. Transferring days once booked is not permitted.



NO MOBILE PHONES OR TABLETS ALLOWED DURING HOLIDAY ACTIVITY DAYS

BOOK EARLY ... LIMITED SPACES ...



YMCA BOURNEMOUTH
Bournemouth/Poole/Christchurch



THE JUNCTION

PART OF YMCA BOURNEMOUTH

- > American Sports
- > Trampolining
- > Adventure Club
- > Ultimate Sports
- > Dance Fusion
- > Nerf Quest
- > Acro Dance
- > Soccer Stars
- > Dynamic Divas
- > Dodgeball
- > MINEcraft



FOR ALL 5 - 12 YEARS

From £10.00 Per Day

GREAT FUN

The Junction Sports & Leisure Centre
Station Approach | Broadstone
Dorset | BH18 8AX

Call 01202 777766 or visit www.thejunctionbroadstone.co.uk

Holiday Activities

October 2019

NERF QUEST DAY

6+ yrs

Action and fun from every direction. A new and exciting day of NERF QUEST has shot to The Junction. This action packed day will include target shooting, team and individual quests. Plus games including team elimination, capture the flag, Predator vs Prey and much more.

> Have you got what it takes to be the sharp shooter of the day!!!

> We supply bullets, guns and protective eye wear ... just bring a steady hand.

DYNAMIC DIVAS DAY

5+ yrs

This is a superb day for your child to let their creativity flow.

Activities can include:

- > Cool Crafty Creations
- > Parachute Games
- > Sporting Events
- > FUN Fitness Sessions
- > 'Make Your Own' (Bracelets etc..)
- > Painting
- > PLUS much more ...

A FUN PACKED DAY FOR ALL ...

ADVENTURE CLUB DAY

5+ yrs

Calling all YOUNG EXPLORERS, a new day for the adventurous has joined our amazing holiday clubs, with specialised coaches joining our coaching team you will be able to enjoy a day of outdoor activities including:

- > Climbing Wall
- > Archery
- > Team Building Games
- > Sporting Challenges

TRY SOMETHING NEW TODAY



DODGEBALL MANIA DAY

5+ yrs

Dodge, duck and dive, this day will give you the chance to release your energy and show off your Dodgeball skills!!!

You'll need to save your King/Queen, come up with tactics to capture the flag and work together in big teams to be the 'Ultimate Dodgeball Champions'.

Plus much more ...

ACRO DANCE DAY

5+ yrs

A fusion of dance and gymnastics moves taught by a professional dancer. Improve confidence, flexibility and fitness and learn some acrobatic tricks and movements.

- To Include:
- > Hula Hooping
 - > Pyramids
 - > Ribbons & Scarfs
 - > Tumbles

Mini performance at the end of the day to showcase the skills you have learnt for your parents to be amazed.

SOCCER DAY

5+ yrs

Take part in a whole host of coaching drills designed to improve your all round ability in the worlds greatest game. Put these skills to the test in an afternoon of world cup matchplay.

To include:

- > Prizes
- > Shooting target drill
- > Power shot with speed gun
- > Penalty shoot out
- > Yellow and red cards for matchplay

DANCE FUSION DAY

5+ yrs

A full day of dance incorporating the world's varying styles and techniques, all delivered with the latest music sounds ... plus a mini performance at the end of the day to showcase the skills learnt for mum/dad to be amazed ...

Includes POM POM Cheerleading ...

TRAMPOLINE DAY

5+ yrs

TRAMPOLINING IS BACK.

Tucks, Straddles, Pikes to Seat Drops, Twists and lots more. Teaching/routines for all levels. GREAT FUN

Limited spaces ... book to avoid disappointment ...

AMERICAN SPORTS DAY

5+ yrs

Yee haw it's American day, learn to play Americas top sports to include:

- > American Football
- > Baseball
- > Basketball
- > Soccer
- > Hockey

Sorry guys no wrestling this time.

Plus enjoy an American themed lunch with, yes you have guessed it, American fries and burgers washed down with a milkshake. A fun day for both boys and girls to try these sports in a fun and friendly atmosphere.

MINECRAFT DAY

7+ yrs

Minecraft has built its way to The Junction, this fun packed day will include exploration, gathering resources, crafting and combat.

You will need to be at your best in survival mode and maintain your health and hunger. Our large 8ft screen is where minecraft really comes to life ...

ULTIMATE SPORTS DAY

5+ yrs

An ultimate sports extravaganza for boys and girls in this fun packed action day, covering a wide range of sports to include:

- > Athletics
- > Tennis
- > Badminton
- > Indoor Curling
- > Hockey
- > Football

PLUS MUCH MUCH MORE

If you love sport this day is for you.

MOVIE & MEAL NIGHT

4.00pm - 5.30pm

After your FUN packed day why not join us watching the latest children's DVDs on the large screen in the bar lounge.

- > Fully supervised
- > Includes a hot meal

Ideal for working parents ...

ONLY £3.50

The following day/times are available for bookings with debit/credit card:



Monday	1.30pm - 3.30pm
	7.30pm - 8.30pm
Wednesday	10.00am - 12noon
Thursday	10.00am - 12noon
Friday	10.00am - 12noon
Saturday	2.00pm - 4.30pm

OTHER INFO

- > All activities start from 8.30am - 9.15am (registration) to 4.00pm (collection)
- > Packed lunch/mid morning snack/waterbased drinks (waterbottle/cap top) required
- > Suitable sports clothing to be worn
- > Waterproof jacket/clothing required for Ultimate Sports/Soccer Stars/Adventure Club Days

Booking Conditions: Once booked, no refunds/credit notes will be issued for non-attendance. Transferring days once booked is not permitted.

Proud Sponsor of The Junction's Holiday Activities



Sarah-Jane Endersby | 1st Degree Black Belt
☎ | 07957 431878 | 🌐 | www.integritymartialarts.co.uk



Junior Bronze Membership **ONLY £20.00 per year 0 - 15 Years**

FOR ALL 5-12 YEAR OLDS

SEE OVER FOR ACTIVITY DIARY