



## Swimming Pool Timetable - W/C 20<sup>th</sup> January 2020 >>>

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00			
MON	Adults Only				Aqua Blast	Aqua Fit	Junior Lessons		Public Swim	Adult Lessons	Public Swim	School Swim	Public Swim		Junior Lessons		Public Swim	Aqua Fit	Lane Swim ••																	
TUES	Cleaning/Staff Training						Public Swim	Aqua Fit	Public Swim	Junior Lessons		Public Swim	School Swim	Public Swim		Junior Lessons		Public Swim	Aqua Fit	Adults Only																
WED	Adults Only				Public Swim	Aqua Babe Sessions		Public Swim	Junior Lessons		Public Swim	Over 60's Swim	Public Swim		Junior Lessons		Public Swim	Lane Swim ••																		
THURS	Adults Only					Aqua Babe Sessions		Public Swim	School Swim		Public Swim	Disabled Swim	Public Swim		Junior Lessons		Public Swim	Junior Lifeguard	Adult Lessons	Aqua Circuits	Adults Only															
FRI	Adults Only				Aqua Fit Starts 8.50am	Aqua Fit Starts 9.40am	Junior Lessons		Public Swim	Aqua Babe Sessions		Public Swim	School Swim	Public Swim		Junior Lessons		Public Swim	Aqua Fit	Adults Only																
SAT		Adults Only until 7.55am	Junior Lessons				Public/Family Swim										Party Hire •																			
SUN		Adults Only	Public/Family Swim										Party Hire •	Public Swim	Adults Only																					

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

### Swimming Pool Admission Policy >>>

All children under the age of 8 years to be accompanied by a responsible person, aged at least 16 years. They must accompany all children under the age of eight into the swimming pool. Whilst in the pool, the responsible person should maintain a constant watch over the children for whom they are responsible for and be in close contact with those of their children who are weak or non swimmers.

Non-swimming children who cannot stand up in the pool must wear armbands.  
In such a circumstance the following rules apply:  
One adult can accompany three children aged 4 - 7 years. or  
One adult with two children under the age of eight, where one or both may be under the age of four.

Children under the age of seven are allowed to go into the opposite sex changing rooms with their parents.  
• Public swim available if no bookings taken. Contact reception on the day for confirmation of availability.  
•• 11year olds and above only permitted during Lane Swim sessions.

### Swimming Fees >>>

Bronze Members		Non Members	
Adult Swim	£3.60	Adult Swim	£5.10
Over 50's Swim	£3.10	Over 50's Swim	£4.60
Junior Swim	£2.80	Junior Swim	£3.55
Family Swim	£9.70	Family Swim	£13.45

